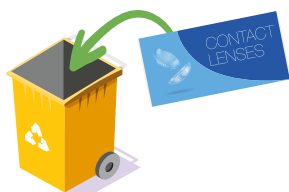


Contact lenses: **SEE GREEN**

Contact lenses are invaluable visual correction devices that are a normal part of our daily life and replacing them once their useful life is complete is essential to ensuring the continued health and well-being of our eyes.

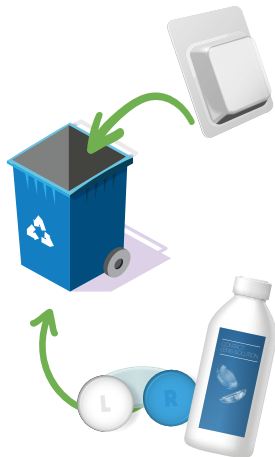
It is important to know how to dispose of them properly, and in a way which respects the environment.

Here are some simple rules for disposing of contact lenses and their packaging in order to use the right waste bin. Let's take a look at the composition of the individual elements of our contact lenses, their packaging and the proper way to dispose of them.



CARTON

OUTER PACKAGING: In most cases this is made of cardboard which is commonly recyclable and can be placed in the **PAPER / CARTON** collection bin.



PLASTIC

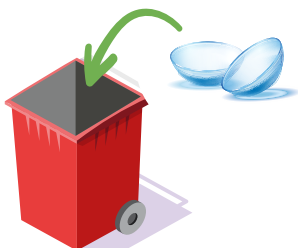
BLISTER PACK: This consists of a 'bowl-shaped piece' (**bottom part**) made of plastic that should be thrown into the **PLASTICS** recycle bin. The top foil usually contains aluminium. **Refer to your local municipality's regulations**, as some municipalities **collect aluminium** separately, some together with **glass** waste, whereas others dispose of it along with **PLASTIC**.

CASES AND BOTTLES*

CONTACT LENS CARE CASES, BOTTLES AND SOLUTIONS:

To avoid increasing bacterial contamination of the case it is a good idea to **replace it every month**.

Usually the **contact lens case** or **care products bottle** can be disposed of in the **PLASTICS** recycle bin, although some municipalities may recycle it separately.



NON-RECYCLABLE / DRY WASTE

CONTACT LENSES

These may contain some materials that are not biodegradable. Therefore, **they should NEVER be disposed of in household drains such as the toilet or the sink**, but should be placed in the **NON-RECYCLABLE / DRY WASTE** bin.

The **storage liquid** inside the blister pack **can be poured into the sink or toilet**.



SOLUTIONS / LIQUIDS

The **contact lens cleaning, disinfection and storage solution** should never be reused but replaced daily. It can be poured down the **sink or toilet**.

Please visit your Eye Care Professionals to see if they offer a recycling programme!

* Not used by wearers of daily disposable contact lenses